

HISTIO AWARENESS "ROCKS"

What You'll Need to Host your Own Rock Painting Party:

SUPPLIES

- Rocks
- Acrylic paint
- Paint brushes
- Water dishes
- Rags/Paper towels
- Clear spray paint, mod podge, or hair spray
- Cardboard or tablecloth
- A great imagination and an eagerness to raise Histo Awareness



EASY STEPS

- Start with flat, smooth rocks.
- Clean the rocks.
- Get painting! Use your imagination to paint your rock and promote histio awareness.
Remember to include a message: 'Keep me or share me and/or Spread the Word: Histo Awareness Rocks
- Let the paint dry and then paint/spray your rocks with a sealer (we like ModPodge but hairspray is another alternative) to seal your design and keep from being ruined by the weather.
- Hide your rocks out in the community!
- Take photos of where you hide your rocks and share on your social media and ours – tag your posts with [#HistoAwareness](#), [#HistoAwarenessRocks](#) and [#HAHBlueFinds](#) .

We can't wait to see Histo Awareness rocks popping up in communities everywhere!