

# eNewsletter

## HISTIOCYTOSIS ASSOCIATION

-- August 2025

In this month's issue, you'll meet our new Executive Director, Jen Silvers, who's eager to bring new energy and support to the histio community. Plus, with Histiocytosis Awareness Month just around the corner, we're sharing a sneak peek of all the exciting ways you can get involved - from fundraising and awareness events to educational opportunities and resources to help you spread the word throughout September. Let's make this Awareness Month one to remember!

## Welcome Our New Executive Director



We're thrilled to introduce our new Executive Director, Jen Silvers! After a national search, the Histiocytosis Association Board of Trustees found a leader with heart, experience, and a deep commitment to community. Jen brings over 20 years of nonprofit leadership with organizations like the YMCA and Pace Center for Girls, where she's built strong, compassionate support networks. She's passionate about making a difference and is ready to champion the needs of the histio community - working alongside our staff and board to strengthen support, expand research, and deepen our reach. We're so excited for her to join the team and to move forward with renewed energy and hope.

In the weeks and months ahead, Jen is eager to connect with as many of you as possible - to hear your stories, learn about your hopes, and better understand how the Association can support you and your journey.

## Educational Opportunity



### The Histo Patient & Family Summit Is Almost Here - Don't Miss It!

We are just weeks away from gathering in Seattle for the 2025 **Histo Patient & Family Summit**, and there's still time to join us! With over [20 expert speakers](#) across two impactful days, this is your chance to learn from the leaders in histiocytosis research and treatment.

But more than that, it's an incredible opportunity to **connect with others who truly understand** the challenges of a rare diagnosis, the fears, the strength, and the deep hope that comes from community.

You will also have the opportunity to **meet our new Executive Director, Jen Silvers**, and hear more about the vision and passion driving the Association forward.

If you or someone you love is impacted by a histiocytic disorder, this event is for you.

Come build meaningful connections, gain valuable insights, and leave feeling empowered.

[Secure your spot today - we can't wait to welcome you!](#)

[Learn More and Register Here](#)

Histiocytosis Awareness Month Starts in Less than a Week!

# DO YOU **k**NOwHISTIO?

The countdown is over - **Histiocytosis Awareness Month** kicks off September 1st!

Now's the time to raise your voice, rally your friends, and help shine a light on histiocytosis. Whether you're sharing stories, wearing blue, joining events, or sparking conversations - every action makes an impact.

We have got everything you need to get started: **awareness tools, fundraising tips, and meaningful ways to spread the word all month long**. Let's make some noise this September...**because together, we can drive awareness, inspire hope, and move closer to a cure.**

# Awareness Month Toolkit

To help get you started in spreading awareness in the best ways during September, we've created the **2025 Histiocytosis Awareness Month Toolkit**. And this is only the beginning! Let these fuel your creativity and feel free to branch out with how you raise awareness, and tag us on social media with how you are spreading awareness in September.

@Histiocytosis\_Association on Instagram and on Facebook at Facebook.com/histio

## Open up the Toolkit

### Blue Ribbon Run

Now that you're geared up for Awareness Month...it's time to get moving! The **Blue Ribbon Run** is back this September, and this year, you're in charge of the challenge!

Pick an activity that means something to you - **run, walk, bike, dance, stretch, or even hike with your pup**. However you move, make it count. Set a goal, make it fun, and use your personal challenge to inspire donations and spread awareness for histio all month long!



Sign up today and you'll get your official race bib and a **"Proud to Wear Blue"** T-shirt to show off your histio pride! We've got some exciting fundraising incentives, too! As a thank-you for your incredible support, you can earn fun prizes - like our brand-new Histio baseball cap.

The Association team is joining in on the fun too - we've taken on our own Histio Blue Ribbon Run challenge! Check out what the [Histio Hope Crew](#) is up to and feel free to join our team or cheer us on as we step up for awareness all September long.

## Register For the Blue Ribbon Run

We want to make it easy for you to GEAR UP for Histiocytosis Awareness Month.

From now through September 30<sup>th</sup>, we are having a sale on all Histio shirts. Shirts like the Proud to Be Blue T-Shirt or the RARE long sleeve shirt. You can see the full list of shirts in stock [here](#).

Use the code GOBLUE25 for 50% off any shirt!



## Further Reading

[Beyond the Diagnosis](#)

[New Blog Posts](#)



In this episode, we're exploring the personal journeys of patients and families navigating the complex world of HLH and delving into the transformative power of collaboration between organizations dedicated to advancing physician education on rare diseases. Tune in to learn how, as the patient voice is brought into the conversation, these collaborative efforts are shaping the future of healthcare and the opportunity we had to partner with NORD and Sobi to create a course through MedLive that provides continuing medical education to physicians all over the world.

[Listen to Episode 82](#)



This month, Peer Support Coordinator Doris Dahdouh walked us through what it really means to be well. She went through a study by Stanford University and broke down all of their takeaways. She included ways she keeps herself well, and how we should pick and choose based on our own bodies, whether affected by a histio, other rare disorders or just stress.

Come read more about it, to help establish your own personal idea of wellness.

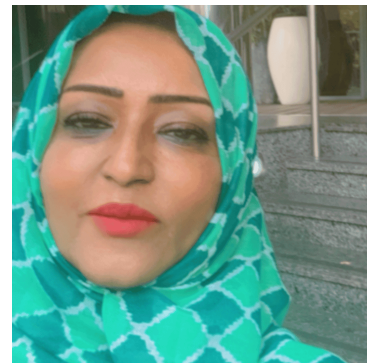
[Read those blogs here](#)

## Doctors under the Microscope: Hind Salama

Each month we highlight Histo doctors in our newsletter and on social media.

This month, we're highlighting Dr. Hind Salama from the Histiocytosis Clinic at King Abdulaziz Medical City-Riyadh Hospital, Saudi Arabia.

Want to learn more about Dr. Hind Salama and her dive into histiocytosis, her mentor, and interests - read on below.



[Learn More About Dr. Hind Salama](#)

FOLLOW US

332 North Broadway, Pitman, New Jersey 08071 USA

Tel: +1 856-589-6606

Histiocytosis Association ©2026 All rights reserved.

[Unsubscribe](#) | [View this email in your browser](#)

