

eNewsletter

HISTIOCYTOSIS ASSOCIATION

-- June 2025

In this month's newsletter, we highlight mental health month blog posts from May, open a new book of possibilities and highlight some of the now confirmed speakers for the Patient and Family Summit in September.

Resources



In our latest blog posts, Doris Dahdouh shares insights on self-care for loved ones and caregivers, followed by a condensed written version of her Mental Health series Q&A, which was featured throughout the month on our social media channels.

We also shared a helpful guide on how to create your own logo for hosting a local event - *perfect for adding a personal touch to your efforts!*



In the latest episode of the Beyond the Diagnosis podcast, Kathy sat down with Dr. Polyzois Makras from the VA Athens General Hospital in Greece to learn about the critical role endocrinologists play in recognizing symptoms of histiocytosis.

You can listen to it at the link below and subscribe to receive future episodes of Beyond the Diagnosis wherever you get your podcasts.

Read the Blog Here

Listen Here



Histio Student Scholarship Recipients

We're thrilled to announce that this year, **FIVE** students have been selected to receive a Histio Student Scholarship!

A special congratulations goes to Jonah Chuang, whose application received the highest score and who has been awarded the Histio Hike Scholarship. Thanks to the incredible fundraising efforts of the Histio Hike community, this year's award totaled \$4,343 - representing 10% of the hike's proceeds.

The Histio Warrior Scholarships were awarded to Zoe Zwald and Brady Williamson, while the Histio Family Scholarships went to Charles Resnick and Isana Alicea.

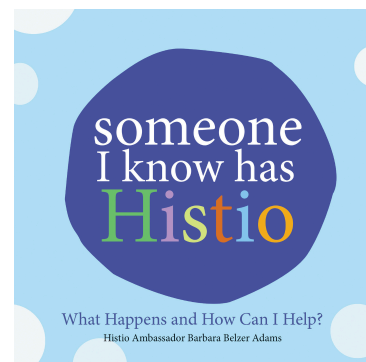
Congratulations to all of our deserving recipients!

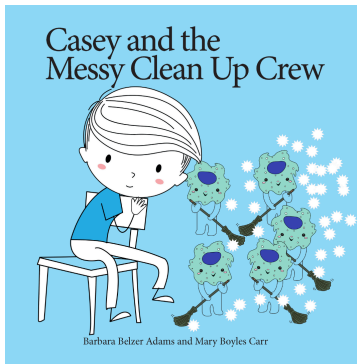
The next scholarship application window will open in February 2026. If you are planning to enroll in a continuing education program that year, we encourage you to apply!

Volunteer Spotlight

Barb Adams. Histio Mom, Ambassador and Author

Barb is not only a professional writer (*with more than 40 years under her belt*) but also a histio mom and ambassador. Barb's son, Brent, was diagnosed with LCH at 17 months old back in 1993; enduring more than eight years of treatment. He has been in remission for nearly 24 years! Barb saw what Brent (*and her entire family went through*) and decided to turn her passion for writing (*and experience as a histio mom*) into something remarkable. Barb has written not one, but two, histio books for our community!





"I wrote these books to help parents explain LCH to young children, their siblings, and their friends. My hope is that by speaking to kids in simple language, using concepts they can understand, it will help demystify LCH. There are also guides for adults in each book that provide details about histiocytosis diagnosis and treatment." - Barb Adams

Books are available upon request. If you would like to request a free copy of Barb's books, please [click here](#).

Educational Opportunity

Histio Patient and Family Summit, Seattle, WA

Join us **September 26–27, 2025** in beautiful Seattle, Washington for the **Histio Patient and Family Summit** - a powerful weekend of learning, connection, and inspiration for those impacted by histiocytic disorders.



🎧 Hear from leading experts and voices in the Histio community, including:

- **Kim E. Nichols, MD** – St. Jude Children's Research Hospital (Memphis, TN)
- **Vasanta Nanduri, MD** – Watford General Hospital (Watford, UK)
- **Oussama Abla, MD** – The Hospital for Sick Children - SickKids (Toronto, Canada)
- **Dr. Eli Diamond** - Memorial Sloan Kettering (New York, NY)
- **Dr. Ronald Go** - Mayo Clinic (Rochester, MN)
- **Kenneth McClain, MD** – Texas Children's Hospital (Houston, TX)
- **Michael Jordan, MD** – Cincinnati Children's Hospital (Cincinnati, OH)
- **Astrid van Halteren, PhD** – Erasmus (Rotterdam, The Netherlands)
- **Aishwarya Ravindran** - University of Alabama at Birmingham (Birmingham, AL)

...and more speakers being added!

What to Expect:

- Expert-led sessions on treatment, research, and support, plus clinical trials, pathology & more)
- Opportunities for advocacy and empowerment
- Family-friendly activities and a dedicated Youth Lounge
- Community connections that last long after the weekend ends

Special Awareness Event:

⚾ Cap off the weekend at the Mariners vs. Dodgers game - choose from VIP or standard ticket options and help turn the stadium into a **SEA of Blue for Histo** awareness!

To learn more about the **Summit**, including featured **speakers**, what to **expect**, available **travel scholarships**, and how to **register**, please visit: <https://histio.org/2025-patient-and-family-summit/>

Learn More

Getting Involved

Be a Summer Hero – FUNdraise Your Way!



The unofficial start of summer is here...what better way to kick off the season than by turning your backyard BBQ, lemonade stand, or poolside cannonball contest into a FUNdraiser for histio?

Whether it's a bake sale, bike-a-thon, or a game night under the stars, your creativity fuels our mission. From kids to grown-ups, everyone can pitch in to make a big difference for the Histo community.

Need ideas? Reach out to our [fundraising team](#) - they have plenty to share. Or surprise us with your own twist - we love seeing the amazing ways you turn summer fun into impact.

Every dollar raised supports families, drives research, and builds hope. So grab your sunglasses, rally your crew, and let's make this summer unforgettable - for a truly fantastic cause.

To learn more or get started, visit: www.histio.org/SummerFUNdraising

Fourth Annual **HLH AWARENESS** CHARITY GOLF OUTING

**Teeing Off for a Cause – The 4th Annual HLH Awareness
Charity Golf Outing, Plymouth, Michigan**

Now in its fourth year, the Annual HLH Awareness Charity Golf Outing continues to drive support for HLH research and raise awareness for histiocytic disorders. Founded by the parents of a HLH warrior, this event goes far beyond the golf game - it's about making a real difference in the lives of those affected.

Golf spots are officially sold out, but there's still time to show your support! You can make a donation or join us for dinner - *which includes an incredible raffle!* Dinner tickets are limited, so be sure to grab yours before they're gone!

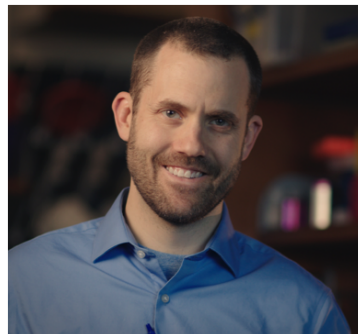


HLH Golf Outing

Histio Doctors Under the Microscope: Dr. Scott Canna

Each month, we highlight a histio doctor in our newsletter and on social media. This month, we are featuring **Dr. Scott Canna**, a pediatric rheumatologist at the Children's Hospital of Philadelphia.

We invite you to take a closer look and learn more about his passion for histiocytosis, the mentors who've inspired him, and how he spends his time outside of medicine.



[Learn more about Dr. Canna
Here](#)

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